

Temecula Valley Unified School District

Recipe: 000171 WHEAT CRACKERS

Recipe HACCP Process: #1 No Cook

Recipe Source:
Recipe Group: BREAD/ROLLS/STARCH

Alternate Recipe Name: Wheat Crackers

Number of Portions: 1
Size of Portion: EACH

902556 CRACKERS,WHEAT BASICS,GS#203356...	1 EACH	
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*Nutrients are based upon 1 Portion Size (EACH)

Calories	180 kcal	Cholesterol	0.00 mg	Protein	4.00 g	Calcium	40.00 mg	25.00%	Calories from Total Fat
Total Fat	5.00 g	Sodium	370.00 mg	Vitamin A	100.00 RE	Iron	2.70 mg	5.00%	Calories from Saturated Fat
Saturated Fat	1.00 g	Carbohydrates	30.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	66.67%	Calories from Carbohydrates
								8.89%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

<u>Miscellaneous</u>	<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt..... oz		Y - Milk	N - Egg	
Grain..... 2.000 oz		Y - Soy	N - Peanut	
Fruit..... cup		Y - Wheat	N - Tree Nut	
Vegetable..... cup			N - Fish	
Milk..... cup			N - Shellfish	
<u>Moisture & Fat Change</u>				
Moisture Change. 0%				
Fat Change..... 0%				
Type of Fat.....				

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	902556	CRACKERS,WHEAT BASICS,GS#203356			

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



Back to Basics Foods, LLC.
 4403 Manchester Ave - Suite 203
 Encinitas, Ca. 92024
www.backtobasicsfoods.com

Product Name	Wheat Basics	Case Dimensions	19L x 11.25W x 10.5D
Product Code	#37401	Case Cube	2244 cu in or 1.3 cu ft
Unit Weight	1.6oz	Case Per Pallet	56
Net Weight	10 Lbs	Pallet TI-Hi	8ti x 7hi
Gross Weight	11 Lbs	Pallet Dimensions	40 x40
Quantity Per Case	100 / 1.6oz Bags	Pallet Weight	616 lbs Gross Weight
Shelf Life	6 Months		

Nutrition Facts	
Serving Size (45g)	
Servings Per Container	
Amount Per Serving	
Calories 180	Calories from Fat 50
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	15%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 4g	
Vitamin A 10%	• Vitamin C 10%
Calcium 4%	• Iron 15%

Ingredient Information

INGREDIENTS: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Sugar, Salt, Baking Soda, Non Fat Dry Milk, Non Diastatic Malt Syrup (Malt, Corn), Molasses, Honey, Ammonium Bicarbonate, Onion Powder, Citric Acid, Cream of Tartar, Sodium Acid Pyrophosphate, Honey, Garlic Powder.

Kosher Certified - Certificate Avail



Allergy Information	
Milk, Wheat, Soy	
All crackers made in a Peanut and Tree Nut Free Facility.	
Grains Breakdown:	
Total Weight of Finished Product:	45 grams
Percent Whole Grain Flour	37 % = 16.5 grams
Percent Enriched Flour	37% = 16.5 grams
Total Combined Weight of Flour:	33 grams Flour
PROVIDES 2 BREAD SERVINGS FOR NSLP	

Signed: