

# Temecula Valley Unified School District

**Recipe: 000070 BURRITO, BEAN & CHEESE**

**Recipe HACCP Process: #2 Same Day Service**

Recipe Source:  
Recipe Group: ENTREES

Alternate Recipe Name: Bean & Cheese Burrito

Number of Portions: 1  
Size of Portion: EACH

902452 BURRITO,BEAN&CHEESE,GS#403406....	1 EACH	<ul style="list-style-type: none"> <li>• Preheat oven to 300°</li> <li>• Bake in a single layer on sheet pan until product reaches 135°</li> </ul> <p><b>CCP:</b> Heat to 135° F or higher.</p> <p><b>CCP:</b> Hold for hot service at 135° F or higher</p>
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\*Nutrients are based upon 1 Portion Size (EACH)

Calories	291 kcal	Cholesterol	15.33 mg	Protein	15.60 g	Calcium	150.00 mg	25.63%	Calories from Total Fat
Total Fat	8.29 g	Sodium	478.94 mg	Vitamin A	20.00 RE	Iron	3.60 mg	11.19%	Calories from Saturated Fat
Saturated Fat	3.62 g	Carbohydrates	40.95 g	Vitamin A	300.00 IU	Water <sup>1</sup>	76.07 g	0.03%	Calories from Trans Fat
Trans Fat <sup>1</sup>	0.01 g	Dietary Fiber	7.96 g	Vitamin C	1.20 mg	Ash <sup>1</sup>	1.61 g	56.27%	Calories from Carbohydrates
								21.43%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<u>Miscellaneous</u>	<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt..... 2 oz		Y - Milk	N - Egg	
Grain..... 2 oz		Y - Soy	N - Peanut	
Fruit..... cup		Y - Wheat	N - Tree Nut	
Vegetable..... cup			N - Fish	
Milk..... cup			N - Shellfish	
<b><u>Moisture &amp; Fat Change</u></b>				
Moisture Change. %				
Fat Change..... %				
Type of Fat.....				

**Production Specification**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# Temecula Valley Unified School District

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	902452	BURRITO,BEAN&CHEESE,GS#403406			

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# Product Specification and Nutritional Information

Current Revision Date: **7/1/2016** Replaces Spec Dated **10/9/2015**



<b>Stock Code</b>		<b>Product Name</b>							
<b>97576</b>		<b>Bean &amp; Cheese Burritos</b>							
Individually Wrapped									
<b>Net Wt. (oz)</b>	<b>Case Pack</b>	<b>Case Net Wt. (Lbs)</b>	<b>UPC/GTIN</b>	<b>Ship Wt. (Lbs)</b>	<b>Case Cube</b>	<b>Case Dimensions (in)</b>	<b>Pallet Count</b>	<b>Tie/High</b>	
<b>5.200</b>	<b>96</b>	31.20	10006574975765	33.97	1.140	19.250 L 14.625 W 7.000 H	48	6 x 8	
<b>Child Nutrition (CN) Meal Pattern Contributions<sup>1</sup></b>				<b>CN # 081011</b>	<b>CN Date 06-12</b>	<b>CN Expiration Date 6/25/2017</b>			
Each 5.200 oz. portion provides*:		<b>Meat/Meat Alternate. (oz)</b>	<b>Equivalent Grains (oz)</b>	<b>Legume veg (cup)</b>	<b>Red/Orange veg (cup)</b>	<b>Dark Green veg (cup)</b>	<b>Starchy veg (cup)</b>	<b>Other veg (cup)</b>	
<b>A</b>		2.00	2.00						
<b>--- OR ---</b>									
<b>B</b>		2.00	2.00						

\* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)  
 1 - if there is a CN number and CN date listed, the item is CN labeled.

## Ingredient Statement

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)]), Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

## Allergen Statement Contains WHEAT, SOY, MILK

### BID Specification

Burrito -Frozen Bean & Cheese. Each 5.20 oz burrito provides 2 OZ Meat Alternate and 2 OZ EQV Grain towards the NSLP, Whole Grain Rich Tortilla. CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 96 count. No more than 480 mg Sodium, Less than 12% Calories from Saturated fat, 0 Trans Fat. No less than 290 Kcal. Hand held, Fully Cooked. Heat & Serve.-Vegetarian Los Cabos Brand 97576

## Nutritional Information

Serving Size 5.200 oz. ( 147.42 g )  
 Servings Per Package: **1**  
 Calories (Kcal) 291.11  
 Calories from Fat 74.61  
 Protein (g) 15.60  
 Carbohydrates (g) 40.95  
 Sugars (g) 1.33  
 Tot. Dietary Fiber (g) 7.96  
 Ash (g) 1.61

% Calories from Fat 25.63%  
 % Calories from Sat Fat 11.19%  
 % Sugar 0.90%

**Fats**

Total Fat (g) 8.29  
 Saturated Fat (g) 3.62  
 Trans Fat (g)\* 0.00  
 Cholesterol (mg) 15.33  
 Water (g) 76.07

### Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%  
 Data Source: USDA Handbook 8

<b>Vitamins</b>	<b>%DV</b>	<b>Minerals</b>	<b>%DV</b>
Vitamin A (RE)	0.00	Iron (mg)	3.33 20%
Vitamin A (IU)	295.24 6%	Sodium (mg)	478.94
Vitamin C (mg)	1.54 2%	Calcium (mg)	171.00 15%
		Potassium (mg)	456.88

\*-Trans Fats naturally occurring

## Heating Instructions

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE. Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information, visit our website at [www.mcifoods.com](http://www.mcifoods.com) or contact:

**M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661**



Los Cabos Mexican Foods

Individually Wrapped

D.O.P.: 238-16-D4

Stock Code  
97576  
Lot #  
56566

### Bean & Cheese Burritos

96 CT - 5.20 OZ.

W101 PF049

56566

CN 081011  
Each 5.20 oz. Burrito provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 06-12.)  
CN #

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FOR INSTITUTIONAL USE ONLY



CN-NON FED-WG  
10006574975765  
CN-NON FED-WG



Whole Wheat Flour Tortilla, Soy Flour Enriched (Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)), Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

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Stock Code

97576

Contains WHEAT, SOY, MILK

NET WT. 31 LBS. 3.20 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

BEAN & CHEESE

# BURRITO



KEEP FROZEN

NET WT. 5.20 OZ. (147g)

INSPECTED BY THE  
U.S. DEPT. OF AGRICULTURE  
IN ACCORDANCE WITH  
FNS REQUIREMENTS