

Temecula Valley Unified School District

Recipe: 000684 BLUEBERRY MUFFIN

Recipe HACCP Process: #1 No Cook

Recipe Source:
Recipe Group: BREAKFAST

Alternate Recipe Name: Blueberry Muffin

Number of Portions: 1
Size of Portion: EACH

902902 MUFFIN, BLUEBERRY, IW, GS#406577;...	1 EACH	
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*Nutrients are based upon 1 Portion Size (EACH)

Calories	230 kcal	Cholesterol	25.00 mg	Protein	4.00 g	Calcium	15.00 mg	27.39%	Calories from Total Fat
Total Fat	7.00 g	Sodium	240.00 mg	Vitamin A	*N/A* RE	Iron	2.00 mg	3.91%	Calories from Saturated Fat
Saturated Fat	1.00 g	Carbohydrates	39.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	67.83%	Calories from Carbohydrates
								6.96%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

<u>Miscellaneous</u>	<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt..... oz		Y - Milk	N - Peanut	
Grain..... 2.000 oz		Y - Egg	N - Tree Nut	
Fruit..... cup		Y - Wheat	N - Fish	
Vegetable..... cup			N - Shellfish	
Milk..... cup			N - Soy	
<u>Moisture & Fat Change</u>				
Moisture Change. 0%				
Fat Change..... 0%				
Type of Fat.....				

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	902902	MUFFIN, BLUEBERRY, IW, GS#406577			

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



Date: 1/1/20
Superseding: 1/1/19

WG Blueberry Muffin, 3oz, IW

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859
Buena Vista is a Peanut Free and Tree Nut free facility.

Product Information

Product Name: WG Blueberry Muffin, 3oz, IW
Item Number: 60326

USDA Meal Contribution/Formulation Statement:

GRAINS

Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	Contains: Wheat, Milk, Egg May Contain: Soy *This product is manufactured in a facility that processes Wheat, Milk, Egg and Soy.
Does product contain non-creditable grains?	Yes, Corn Starch (0.32 g)	

Grain Crediting by Weight: 2.0 oz eq.

Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	16.69	16 g	1.04
Enriched Wheat Flour	15.41	16 g	0.96

Total Creditable Amount By Weight: 2.0 oz grain eq. 2.0 oz

Grain Crediting by Exhibit A: 1.5 oz eq.

Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group D	Muffin	3.0 oz	2.0 oz.
Whole Grain Grams per serving:	16.69		(3.0 oz/2.0 oz = 1.5 = 1.5 oz eq.)

Packaging


Units per Case:	120 units/cs
Case Cube:	1.54 f ³
Case Gross Weight:	23.5 #
Case Net Weight:	22.5 #
Case Dimensions (in):	16.375 x 12.625 x 12.875
Pallet Tie:	8 x 6
GTIN-12 Code:	0711341603262
Case/Pack Coding System Example:	Manufacture Date/Julian Date/Year (MD/51/20)
Serving Recommendation:	Thaw at room temperature 2-3 hours before service.
Storage Requirements:	Store Frozen at 0°F
Shelf Life:	12 Months Frozen / 2 Days Ambient

Ingredients:

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLE SAUCE, WILD BLUEBERRIES, CANOLA OIL, EGGS, BUTTERMILK, MODIFIED FOOD STARCH, NATURAL VANILLA FLAVOR, BAKING POWDER, SODIUM BICARBONATE, NATURAL VANILLA FLAVOR, SALT.

Baked Nutritional Information:

I certify the above is true and correct.


Laura Trujillo, RD, SNS
President, Buena Vista Foods



Nutrition Facts

	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat	7g	9%	Total Carbohydrate	39g 14%
Saturated Fat	1g	5%	Dietary Fiber	2g 7%
Trans Fat	0g		Total Sugars	17g
Cholesterol	25mg	8%	Includes 13g Added Sugars	26%
Sodium	240mg	10%	Protein	4g
Calories per serving	230		Vitamin D 0mcg 0% • Calcium 15mg 2% • Iron 2mg 10% Potassium 104mg 2%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



BUY AMERICAN ATTESTATION

The Richard B. Russell National School Lunch Act provides in Section 12(n) the Buy American provision which requires that school food authorities (SFAs) operating school meals programs purchase domestically produced (grown) and processed foods, to the maximum extent practicable. The Buy American provision was codified in the National School Lunch Program regulations at 7 CFR 210.21(d). A “domestic commodity or product” is defined in the Federal regulations as:

- (i) an agricultural commodity that is produced in the United States (U.S.); **and**
- (ii) a food product that is processed in the U.S., substantially using agricultural commodities that are produced in the U.S., 7 CFR 210.21(d).

Buena Vista Food Products, Inc. Product Certification

We certify that our U.S., processed Bakery Products have at least 100 % U.S. content.

A handwritten signature in black ink that reads "Laura Trujillo".

President

Signature

Title

Laura Trujillo

January, 1 2020

626.815.8859

Printed Name

Date

Phone Number